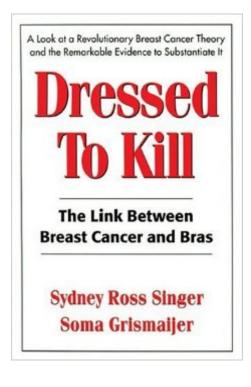
The book was found

Dressed To Kill: The Link Between Breast Cancer And Bras





Synopsis

Breast cysts, pain and cancer are epidemic at this time in history. The cancer detection and treatment industry says the cause of 70% of all breast cancer is unknown. Dressed to Kill gives the answer to this mystery, explaining how the greatest threat to breast health is something women do to themselves every day. Dressed to Kill started as a personal crisis in the author's lives, when Soma was shocked to find a lump in her breast while pregnant. Looking for clues as to the cause of the lump led this husband-and-wife medical anthropologist team to develop a new theory on the cause of breast cancer, and to conduct an extensive survey of nearly 5,000 US women, half of whom had breast cancer, in an attempt to uncover this heretofore hidden cause of breast disease. Pioneers in the new field of Applied Medical Anthropology, Singer and Grismaijer explain their unique and fruitful approach to understanding and researching the cultural causes of disease in easy to read language accessible to the layperson and professional alike. Dressed to Kill has already changed the healthcare and fashion worlds, and has saved millions of women from the pains and sorrows of breast cancer. Controversial for its challenge to established custom and medical dogma, this breakthrough book is already a classic, destined to be known as the beginning to the end of this terrible breast cancer epidemic. --This text refers to an alternate Paperback edition.

Book Information

Paperback: 192 pages Publisher: lscd Pr; 1st ISCD Press ed edition (March 2002) Language: English ISBN-10: 1930858051 ISBN-13: 978-1930858053 Product Dimensions: 0.5 x 6 x 9 inches Shipping Weight: 11.2 ounces Average Customer Review: 4.3 out of 5 stars Â See all reviews (44 customer reviews) Best Sellers Rank: #1,175,269 in Books (See Top 100 in Books) #24 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lymphatic #437 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #2937 in Books > Health, Fitness & Dieting > Women's Health > General

Customer Reviews

I have been working as a physician, combining acupuncture and ostepathic manipulation for many

years. Stagnation is a major cause of disease in many areas of health and breast health is no exception. There is a strong negative correlation between bra wearing and breast health. Certainly in some social situations, modesty dictates that a bra be worn at certain times. But going braless when possible contributes to both breast health and firmness. Without meaning to deny the genuine discomfort of the more generously endowed women who have written in, comfort is NOT related to size. Not being able to go braless indicates a situation of restriction and stagnation in the breast. Many "large" women find that this pain goes away after a few days simply by going braless. In other cases, acupuncture and herbal therapy, and/or manual lymph drainage may be required to address the painful stagnation before going braless at home is comfortable. Of course, wearing exercise bras during exercise is appropriate for many if not most women. The double-blind study is the gold standard of western medicine, but common sense dictates that this standard is only applicable to drug therapy studies. To suggest that such a study is appropriate to assess this validity of the author's claims about breast cancer is ludicrous. How could you possibly design a study where neither the patient nor the doctor knew which patients were wearing a bra? I haven't met a women yet who can't reliably answer the question "Are you wearing a bra?" This sort of criticism cannot possibly be motivated by legitimate questions of scientific merit, so personal issues around sexuality are the prime suspect.

It's obvious from the reviews here that this book brings out strong emotion in readers. They either see it as a life saver or are furious at the authors for suggesting a connection between wearing a bra and getting breast cancer. While I agree with the people who say the book makes sense, I'd also like to add that for me it was great to see something positive in print about going braless. Personally, I have always hated wearing a bra and the first thing I do when I get home from work is to take off my bra. On days when I am home all day, I don't wear one. I put one on when I'm wearing clothes that would make it too obvious that there was no bra underneath if I didn't wear one, but I also heavily avoid such clothing. I do not do this because I'm trying to avoid cancer, but because bras are uncomfortable and (in my estimation) they serve no purpose. The problem for me in more than 30 years of trying to avoid wearing a bra is the many conflicting ways other people interpret my behavior. In my younger years, my husband used to call it "the no-bra look" and that always made me angry. I would reply that it is not "a look" -- I am not trying to "look" like anything, I am merely trying to be comfortable. If I sometimes "jiggle' that can be interpreted as some kind of moral evil. Why? Are breasts evil? You might think so if you consider the fuss made over Janet Jackson's breast at the 2004 Super Bowl! To other people I suppose I just look like an uneducated

slob -- after all, where do you see women without bras? In poor countries, in the pages of National Geographic magazine. Don't "civilized" women all wear bras? The authors point out that the bra is a fairly recent invention. For thousands of years of history, women got by without wearing bras.

Wow! What a great book. A mostly well-reasoned hypothesis that wearing bras leads to an increased risk of breast cancer. It is very difficult to dispute the findings of the authors' study, although as other reviewers have pointed out, their study was not as rigorous or variable-eliminating as it should have been (thus I can give this only four stars). Of course many people will discount their findings because 1) medical professionals are addicted to using drugs to cure a problem (in this case cancer) instead of finding ways to prevent the problem, 2) medical professonals are addicted to the thought that only they have the "answer" because they're "qualified", 3) pharmaceutical companies want people to "cure" themselves through medication and not through prevention or alternative treatments, because every person who gets cancer increases shareholder value, 4) the U.S. still has that bizarre puritanical unhealthy attitude toward sex that requires women to bundle up their breasts so they don't jiggle in a provocative way (do you remember the big bra thing of the 60s? The argument against going braless was a moral argument, not a scientific or aesthetic argument - "it's just plain wrong not to wear a bra") so even though that bundling is obviously unhealthy, people will still require it of their women (just like tight pants, high heels, and earth-and-human-killing hair treatments, cosmetics, and perfume), 5) the manufacturers of bras spend an awful lot of money to make sure that women think they **have** to wear a bra, because only bra-wearers increase shareholder value.

Download to continue reading...

Dressed To Kill: The Link between Breast Cancer and Bras Restorative Yoga For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related Fatigue & Lymphedema Management I Am Not My Breast Cancer: Women Talk Openly About Love and Sex, Hair Loss and Weight Gain, Mothers and Daughters, and Being a Woman with Breast Cancer Breast Cancer and Iodine : How to Prevent and How to Survive Breast Cancer Breast Cancer and Me: The Hope-filled and Sometimes Humerous Story of a Breast Cancer Survivor The Breast Cancer Survival Manual, Fifth Edition: A Step-by-Step Guide for Women with Newly Diagnosed Breast Cancer Nude Photography - [Sexy and attractive women dressed only in their birthday suit]: Sexy and attractive women dressed only in their birthday suit Pussy Cat! Kill! Kill! Kill! (Pan exotica) [Japanese Edition 2014] Cancer Survivorship Coping Tools - We'll Get you Through This: Tools for Cancer's Emotional Pain From a Melanoma and Breast Cancer Survivor Breast Cancer? Breast Health!: The Wise Woman Way (Wise Woman Herbal) Dressed to Kill: A Biblical Approach to Spiritual Warfare and Armor The New Testosterone Treatment: How You and Your Doctor Can Fight Breast Cancer, Prostate Cancer, and Alzheimer's Fuck Off, Cancer: Breast Cancer Shaken not Stirred 1815 The Waterloo Campaign: Wellington, His German Allies and the Battles of Ligny and Quatre Bras Easy Chicken Breast Cookbook: 50 Unique and Easy Chicken Breast Recipes The Griffin and the Dinosaur: How Adrienne Mayor Discovered a Fascinating Link Between Myth and Science Mother-Daughter Wisdom: Understanding the Crucial Link Between Mothers, Daughters, and Health The Jazz of Physics: The Secret Link Between Music and the Structure of the Universe The Hidden Link Between Vision and Learning: Why Millions of Learning-Disabled Children Are Misdiagnosed Executive Presence: The Missing Link Between Merit and Success

<u>Dmca</u>